FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APP	ROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Kalish Isaac (Last) (First) (Middle) 60 CUTTER MILL ROAD	2. Issuer ONE LIBERTY PROPERTIES INC 3. Date of Earliest Transaction (Month 08/03/2022	/Day/Year)	 5. Relationship of Reporting Perso (Check all a Director Officer (give title below) VP and Assistant Treasurer 			
SUITE 303 (Street) GREAT NECK, NY 11021 (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month/Day/Year)	 6. Individual or Joint/Group Filing (Will be automatically set) 6. Form filed by One Reporting Person C Form filed by More than One Reporting Person 			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/ Day/ Year)	2A. Deemed Execution Date, if any (Month/ Day/ Year)	3. Transaction Co			ired (A) or Disposed o			6. Ownership	7. Nature of Indirect Beneficial Ownership	
			Code	V	Amount	(A) or (D)	Price	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form: Direct (D) or Indirect (I) (Instr. 4)	(Instr. 4)	
Common Stock	08/03/2022		Α		3,438	Α	(1)	61,058.729	D		
Common Stock								19,438 ⁽²⁾	Ι	By Gould Investors L.P. pension trust	
Common Stock								155,033 ⁽³⁾	Ι	By REIT Mgt. Corp. pension and profit sharing trusts	
Common Stock								4,169 ⁽⁴⁾	Ι	By BRT Apartments Corp. Pension Trust	
Common Stock								5,535.574 ⁽⁵⁾	Ι	As custodian for children pursuant to UGMA	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	Conversion or Exercise		Execution Date, if any	4. Transactic Code (Instr. 8)	Code Derivative Instr. 8) Securities				7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Security	Securities F	Ownership Form of	Beneficial
	Price of Derivative Security	Ative Yea	(Month/ Day/ Year)	Code		Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	(Instr. 5) Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Direct (D) or Indirect	Ownership (Instr. 4)	

Explanation of Responses:

- 1. Represents the date that the compensation committee determined that the metrics with respect to the shares underlying the RSUs granted in 2019 had been satisfied. The related performance period ended June 30, 2022.
- 2. Reporting person is a trustee of Gould Investors L.P. Pension Trust.
- 3. Reporting person is a trustee of each of the REIT Management Corp. Pension Plan and the REIT Management Corp. 401(k) Tax Deferred Savings Plan Profit Sharing Trust, which in the aggregate own the number of shares shown.
- 4. Reporting person is a trustee of BRT Apartments Corp. Pension Trust, which owns these shares.
- 5. Includes shares acquired though issuer's dividend reinvestment plan.

Remarks:

/s/ Isaac Kalish by David W. Kalish, his attorney in 68/05/2022 fact

**Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

Note: File three copies of this Form, one of which must be manually signed.

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